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Printable, coated plastic substrates are disclosed. Plastic substrates are preferably films substrates, which are coated with a printable coating composition layer which comprises: an anionic acrylic polymer; and epoxy acrylate in an amount sufficient to improve ink adhesion in said coating composition. The anionic acrylic polymer can be cross-linked to an extent sufficient to improve the resistance of said coating to isopropyl alcohol and/or hot water, using a cross-linking agent.